



PAUL'S MOST POPULAR TOPICS

Oops, I Forgot (Keynote)

Reclaiming the power and passion of why you signed up.

Remember the joy you had when you first started your career? The real reason you decided to do what you do? The feeling in your heart when you knew you were on the right track? Let's find it again, rekindle it and get things back on track.

All topics available as keynotes, breakouts and trainings.

Keeping the Fire Burning /Rekindling the Fire (Breakout/Workshop)

Let's dig a bit deeper and keep it going! We'll remove more of the obstacles that get in your way and provide you with long term, active steps to keeping the joy.

Receive custom answers to your burning concerns.

This is a customized workshop, tailored towards your specific needs.

CEU's available at all trainings.

Manager only training available on all topics.

All trainings also available in series or several day formats.

Okay, Now What!? (Keynote)

Positive Leadership in a Climate of Change. Paul shares easy and effective tools to take all your skills, old and new, and lead in the real world. You'll discover how to not let others influence your passion and drive. You'll learn how to stay focused on what you want, remember who you are and create the positive changes you want!

Alleviating Burnout (Staff and Managers)

In these times, it's easy to become overwhelmed with your job and burn out. Paul shares ways of changing your perspective, managing time and getting you – and/or your staff – back on track.

The Importance of Self Care

(Staff and Managers) Are you stressed out? Learn that it's okay to take time for yourself. Find effective ways to reduce stress, get more done and increase the joy in your life. Learn how to not take other people's challenges, emotions or reactions personally and create more space for you!

Seven Steps to Phenomenal Management

Improve your organization and the way you manage. This training goes beyond mere technical skills. Paul teaches you how to use the power of communication to **Engage, Motivate and Inspire**. These approaches are **Revolutionary!** "Seven Steps" is a must for any manager or CEO wanting to create and sustain a thriving company.

Compassionate Leadership (Audio CD available.)

Learn the links between increased self-awareness and true leadership. Understand the importance of holding the vision, demonstrating respect and acceptance through behaviors. Learn skills to create a thriving, productive and more profitable/productive work environment.

Trust in Leadership

Discover this ground breaking approach to management. See how leading this way increases productivity, esteem and the work environment. (This also works for you.) You'll learn skills and ways to support yourself and others to lead this way. When you trust, people step up and exceed your expectations.

"Great information to take back to the workplace."

"I really valued the practice of the tools we learned. Being put into that position really brought the point home."

"I learned how to gently diffuse the onset of gossip and how the anger can be refocused."

"I found it very valuable to know that compassion in the workplace is being taught as a tool to manage."

Training Participants

"As chairperson for the Education Committee I would like to thank you for your wonderful presentation for the Franciscan Hospice & Palliative Care."

Review of the evaluations was very positive. Here are a few quotes:

'I realize that the only thing that is constant is change.'

'I appreciated the tools. They are useful for both life and work and they connect to the human experience.'

Thank you for your insights, your enthusiasm and your caring that comes alive in your presentation."

Pam Ketzner, RN, MN,
CHPN
Franciscan Hospice &
Palliative Care

Member



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"Paul's style is full of insight. Thanks to the workshop I'll be more positive and proactive in dealing with conflicts."

Brian Walsh
WA Dept of Ecology

"We brought Paul in to do two separate trainings for our staff and his presentations were GREAT!"

Numerous staff complimented me on bringing him in and suggested everyone in the agency go through this training. They also appreciated that he helped them adapt the tools to their own life as well as any challenges at work.

I know Peace Enforcement LLC and Paul will exceed your expectations and help you with staffs' training needs."

Tamara Barrat, PHR
Human Resources Manager

"I liked that Paul is very open, positive and used interactive exercises.

Thanks to this workshop I learned to identify and redirect destructive thought patterns!"

Walter DuCharm
WA Dept. of Natural Resources

"Paul was great. His content and delivery was excellent!!"

Al Juarez
City of Bonney Lake

"It was great working with Paul and we are looking forward to our next collaboration, soon."

Mandy Neo
Key Media -HR Summit
Singapore

Conflict Resolution / Prevention

During this highly interactive and effective training, participants learn the underlying motives behind conflict. You learn a common and easy language and are taught proven tools to manage and work through conflict effectively.

Staff surveys are also available.

Gossip Prevention

This focused training teaches your staff and management effective tools to eradicate this malicious problem. Participants learn the real definition of gossip, why people choose it and are given positive ways of communicating. They leave with tried and true skills to prevent gossip and avoid the trap in the first place.

Effective Teamwork and Inclusion

Paul shows the importance of teamwork and the inclusion of other people's ideas and beliefs. Paul shares concrete ways to improve teamwork in your workplace. He shows ways to support others to "count themselves in", and you'll discover the harm exclusion can do. You'll also see the benefit to the individual, and the group, of including other people's ideas.

The Big Picture is Amazing

Discover how to remember the big picture amidst day to day problems. You'll receive tools to put things in perspective and make the "challenges" you're facing seem easier. This is great for groups dealing with change, where morale is a problem, you have a negative environment or your staff is getting caught up in things that aren't working.

Compassionate Workplace (Staff and Managers)

Put the fun back in your day! Learn effective strategies to help you not get caught up in the drama some of your staff and co-workers create and experience. You'll receive effective tools to stay detached, focused on what you need to accomplish, have more fun and make your day more productive.

Other topics available:

- Positive Choices for a Happier Workplace.
- Goals, Structure, Results: How to Get the Changes You Want.
- Positive Choices and Respect.
- Overcoming Obstacles.
- Managing Job Stress.
- How your Thoughts Create Your Reality.

Workplace Bullying Prevention

For the person misusing their power and the people working with them. Paul discusses what bullying is and looks at why individuals make this choice, sometimes without realizing it. You'll receive effective remedies to prevent bullying and help those affected stop the behavior. He also shares ways for individuals to say "No" from a place of power.

Moving Through Fear: A Pathway to Success

Paul helps staff and participants move through fear created by these troubled times. He shows ways of doing easy reality checks, how to change your focus to what you want and how to break through and create the abundance and success you want to achieve. Great for individuals, staff and management.

Member

 American Management Association

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